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Please fill this form out and fax to 1-800-496-7219 OR email to [customerservice@myallergydrops.com](mailto:customerservice@myallergydrops.com)

Patient Name: \_\_\_\_\_ Todays Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Weight: \_\_\_\_\_

**Allergy Review of Symptoms:** (Please check all that apply)

- |                                     |  |  |   |
|-------------------------------------|--|--|---|
| <input type="checkbox"/> Sneezing   | <input type="checkbox"/> Runny Nose      | <input type="checkbox"/> Post Nasal Drip | <input type="checkbox"/> Nasal Congestion |
| <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Scratchy Throat | <input type="checkbox"/> Itchy Mouth     | <input type="checkbox"/> Red/Watery Eyes  |
| <input type="checkbox"/> Itchy Eyes | <input type="checkbox"/> Itchy Ears      | <input type="checkbox"/> Eczema          | <input type="checkbox"/> Rashes/Hives     |

**Frequency/Time of Symptoms:** (Please check all that apply)

- Sporadic (at various times of the year but with no pattern)  
 Persistent (throughout the year)  
 Seasonal (if seasonal, indicate the prominent months below)
- |                                  |                                   |                                    |                                  |                                   |                                   |
|----------------------------------|-----------------------------------|------------------------------------|----------------------------------|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> January | <input type="checkbox"/> February | <input type="checkbox"/> March     | <input type="checkbox"/> April   | <input type="checkbox"/> May      | <input type="checkbox"/> June     |
| <input type="checkbox"/> July    | <input type="checkbox"/> August   | <input type="checkbox"/> September | <input type="checkbox"/> October | <input type="checkbox"/> November | <input type="checkbox"/> December |

**Allergy Triggers:** (Indicate where/when symptoms occur)

- |  |  |                                      |   |
|--|--|--------------------------------------|---|
| <input type="checkbox"/> After Mowing    | <input type="checkbox"/> In Damp Areas | <input type="checkbox"/> Out Walking | <input type="checkbox"/> While Exercising |
| <input type="checkbox"/> Near Farms      | <input type="checkbox"/> In Basement   | <input type="checkbox"/> In Bed      | <input type="checkbox"/> In Kitchen       |
| <input type="checkbox"/> In Attic        | <input type="checkbox"/> Around Cats   | <input type="checkbox"/> Around Dogs | <input type="checkbox"/> Around Horses    |
| <input type="checkbox"/> While Gardening | <input type="checkbox"/> Other _____   |                                      |   |
- Food (List all suspected or known triggers)
- \_\_\_\_\_
- \_\_\_\_\_

**Current Medications** (All medications, including allergy medications and over the counter):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Additional Questions:**

- Yes  No Are you currently pregnant?
- Yes  No Do allergy medications help relieve your symptoms?
- Yes  No Have you ever had an \*anaphylactic reaction?
- Yes  No Have you been allergy tested within the past year?
- Yes  No Have you ever had allergy shots or taken allergy drops?
- Yes  No Are you currently taking any \*beta blockers?
- Yes  No Are you currently being treated for asthma?

What medications are you currently taking for asthma? \_\_\_\_\_

Do you use a rescue inhaler? \_\_\_\_\_ How often? \_\_\_\_\_

In the past year have you required an oral steroid for asthma? \_\_\_\_\_

Do you use a peak flow meter? \_\_\_\_\_ If "yes", what is your typical peak flow (liter/min)? \_\_\_\_\_

\*Anaphylactic reaction – severe reaction characterized by difficulty breathing due to throat swelling and/or loss of consciousness.

\*Beta Blockers – Propranolol, Sotalol, Timolol, Pindolol, Levobunolol, Nadolol, Metipranolol, Atenolol, Acebutolol, Metoprolol, Bisoprolol, Esmolol, Betaxolol, Nebivolol.